

What is a school-based health center?

A school-based health center is a safe, easily accessible location on a school campus where students can go for comprehensive, preventative and primary health care services.

Children cannot reach full education potential unless they are physically and mentally healthy. School-based health centers work because they are located where the kids are. The services are easily accessible, located in a familiar environment, and offered by professionals who address a wide range of health care needs.

History of school-based health centers

School-based health centers started in the 1970s with the first centers opening in Dallas, Texas and St. Paul, Minnesota. Today, there are approximately 1,700 centers across the country located in 45 states plus the District of Columbia. There are nearly 100 school-based health centers serving the children of Texas. Most of these centers are located in a permanent facility on a school campus.



Prevention is the key!

myPAC is a prevention-oriented health center. A sore throat or earache that is treated in an emergency room is very expensive when emergency room costs, lost productivity time for a working parent and loss of daily attendance are considered. Because many children can be treated at school for minor illnesses and injury, chronic illness, and special health care needs; daily attendance is increased.

myPAC has been made possible through the support and partnership of the following:



Brookshire Brothers

T.L.L. TEMPLE FOUNDATION



Lufkin ISD School Based Health Center

Getting middle school students the care they need quickly can keep them in the classroom and on track for success.



"Health services need to be where students can trip over them. Adolescents do not carry appointment books, and school is the only place where they are required to spend their time." Phillip Porter, MD, Director School-Based Adolescent Health Care Program

Why myPAC?

Some children do not get the health care services they need for many reasons. Families may lack health insurance or the insurance of working parents may not cover dependents. Further, families may lack transportation to a medical provider.

Services Provided

- Diagnosis/treatment of minor illnesses
- Referral and case management of chronic illnesses
- Periodic physical exams
- Lab services
- Pharmaceutical services
- Counseling and mental health services, including referrals
- Dental screening and referrals
- Health education

With **myPAC**, we hope to ensure every student receives the health care they need and ensure that all students have a medical home. **myPAC** will maintain a health record on all students for whom care is provided. For many students, **myPAC** will become his/her access to a medical provider who knows their health history and is available to offer or arrange for care when needed.

Students who currently have a primary care physician should continue to visit their doctor for their care as that relationship is very important.

Staff

- Licensed Physician Assistants
- Licensed Nurse Practitioners
- Program Director
- Registered Nurse
- Office Manager

How does myPAC work?

Students are first screened by the LISD nursing staff, and if appropriate, will be referred to **myPAC**. For students with an existing primary care physician, the **myPAC** staff will contact the primary care physician for further direction. Students with **signed parental consent forms** will be examined by a provider. As in the past, parents will be contacted by the school nurse prior to any evaluation or treatment.

Only LISD students will be able to receive services at **myPAC**. Services will be available year-round although the location may vary during school holidays.

Hours of Operation

Monday – Friday

8:00 am – 4:00 pm

myPAC is open on school holidays
call the office for a schedule

Phone number - (936)632-6972

Located at the back of campus near the nurse's office.

What does myPAC cost?

Our goal is to ensure students receive the medical care they need at a reasonable cost. **myPAC** will seek reimbursement for services from **Medicaid**, **CHIP** and other sources. For students without insurance, the cost will be minimal; however, students will not be turned away because of an inability to pay.

Statements will be mailed at the first of each month.

What do you need to do?

- Complete the medical history form
- **Sign a parental consent form**
- Return documents to **myPAC**

Parental involvement is an integral part of school-based health care. **myPAC** can provide health care services to students with the **written consent** of the parent or guardian.

Parents are not required to be present at the time of treatment or diagnosis as long as myPAC has a **signed parental consent form**. However, parents are strongly encouraged to visit **myPAC** with their children when possible.

